

Connect Program - Capital Area Healthy Start

Capital Area Healthy Start helps new moms and their families. They answer questions people may have about being a parent. Please call or click **HERE** to go to the website to learn more.

Services:

Pregnancy Education and Support Childbirth Education Newborn Care Instruction Breastfeeding Education and Support Parenting Education and Support Counseling Services

Service Location

2650 Apalachee Parkway Tallahassee, FL 32301 United States

850.488.0288

Provider



URL

https://capitalareahealthystart.org/

This group is called CAHSC for short. It is a nonprofit. The group is a community coalition that works to

improve the health of infants and their families. It offers many programs and initiatives.

Programs & Services:

- Breastfeeding education and support
- Childbirth preparation
- Community Referrals
- General Support
- Help to quit smoking
- New baby care
- Nutrition education
- Parenting education and support
- Pregnancy health education
- Stress management and emotional support

Public Email info@capitalareahealthystart.org Address

1311 N Paul Russell Rd Ste A101 Tallahassee, FL 32301 United States

850.488.0288

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