



https://www.sfcollege.edu/displaced-homemaker-program/

This program helps people who have previously worked in the home for no pay to get new job skills and find full-time employment. Each participant will get a Career Coach who will help set up an individualized plan of action. Clients will learn life, computer and employability skills. They will get job counseling and be able to attend career workshops. All of the Displaced Homemaker Program services are free of charge. Please see the website for more information.

Program Components Include:

- Applications
- Assertive communication skills and problem solving
- Basic computer skills
- Goal setting
- Interview techniques
- Job search plans
- Resume development
- Self esteem building
- Stress management
- Time management

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